America's Most Practical & Entertaining Parent Instruction

For parents and caregivers of children 0-10 yrs.

Unitarian Universalist Congregation of the QC

Thursday evenings at 6-7:30pm in the Lounge

March 14, 21 & 28 and April 4 & 11

Childcare Provided!

Anyone can register but class size is limited!

Registration for Church Members (Before Feb. 14):

$25 per person-$35 per couple

Registration for Non-Church Members &

Church Members after Feb. 14th:

$30 per person-$40 per couple

Registration Deadline: March 1st

Would you like to feel more confident as a parent?

Would you like to have more fun parenting?

Would you like to feel more relaxed at the end of the day?

Parents will learn to:

· Show their tots that whining and arguing do not pay.

· Put an end to misbehavior in public.

· Smooth out mornings and bedtimes.

· Take the battle out of meal times, tooth brushing, bathing, etc

· Teach respect, responsibility, and self-discipline.

· And much, much more!

On a personal note: My husband, Dane, and I participated in this class when it was offered in 2007 and it really improved our confidence as parents and taught us patience which relieved so much of the stress involved in parenting. It also taught us how to bedisciplinarians with out being 'the bad guys' as it's based off of naturalconsequences. It's like a mental chess game with kids and it's your time to win, stress free!

See attached registration form.

Contact Sarah Moulton at UUDavYRE@yahoo.com or 563-323-5749.