

A Drug-Free Solution for lowering Cholesterol

Written by Scott Stewart

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Wednesday December 18th at 7 - 8pm, Healing Lotus Acupuncture will be premiering the first of many online presentations focusing on such topics as: health conditions, Eastern medicine, and nutrition. These free presentations will be featured on the Healing Lotus website (www.HealingLotus.co), and will occur regularly throughout the month.

Wednesday's presentation will cover the topic of hyperlipidemia (high cholesterol), which continues to be a highly mediatized subject; as seen in November with the updated guidelines for cholesterol management.

In this web presentation Scott Stewart, LAc., Dipl. will be explaining the truth about cholesterol, and the misunderstanding of "good" vs. "bad" cholesterol. You will learn about the dangers of having a cholesterol count that is too low, which can lead to other diseases; the adverse effects of statin drugs, and how the pharmaceutical industry influences the guidelines for cholesterol; how Eastern medicine views hyperlipidemia; and how you can safely manage hyperlipidemia without taking a drug for the rest of your life.

After the presentation there will be an open forum set up for any questions people have.

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