

Mark Elsen announces release of 'The Great Awakening'

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New book helps readers see themselves in new a light

Wayzata, Minn. – In “The Great Awakening” ([published by AuthorHouse](#)), author Mark Elsen’s new collection of poetry and short stories, readers are treated to lessons the author has learned throughout his life.

“These poems and stories cover things I have struggled with and things that I feel need to be said,” states the author. “Life is good and we need to celebrate it.”

Each poem and story takes readers on what the author hopes will be a spiritual journey into themselves and their lives. Each piece has been specifically written to talk about God and direction in life. This way, Elsen believes, readers will come away with a positive outlook on life that will help them – inspire them – to develop good habits and leave their old habits behind.

An excerpt from “The Warrior” in “The Great Awakening”:

“Push me to strive for my goals. As I get old the story is never left untold. Behold the bravest warrior and his sword made of steel guarding his gold protecting himself from the cold. Its well known that the dragon guards the cave where the men try to slay the dragon before he flies away. It causes terror to the strange they try to slay the dragon before he leaves his cave and a pot of gold is portrayed to the warrior that slays the dragon in his cave. For the town will be

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saved from the terror of the flame of the dragons heart for it will tear apart the town square and everyone that lives there. So beware of the dragon and his heart it takes a mighty warrior to tear apart the mighty dragon and his heart."

"The Great Awakening"

By Mark Elsen

Softcover | 6 x 9 in | 148 pages | ISBN 9781477227831

E-Book | 148 pages | ISBN 9781477227848

Available at Amazon and Barnes & Noble

About the Author

Mark Elsen grew up with a supportive family. Over time, he fell into drugs and alcohol as a teenager, dropped out of high school and earned his GED. He went to college at Dunwoody Institute. He continued to drink in his 20s while working several jobs. In March 2011, Elsen was admitted into a hospital and proceeded to sober up. He started taking medication to manage his bipolar disorder and started writing inspirational poems, prose and short stories to inspire him and others to go further in life. Now, he is in transition readiness, moving along with treatment with a better grasp on reality. He has written seven other books.

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