

## River Bend Foodbank to Benefit as Quad-City Disc Golfers Play in the Annual Ice Bowl on Feb. 21

Written by Quad-City Disc Golf Disc Club  
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The Quad-City Disc Golf Club, or QCDGC, is once again hosting the annual Disc Golf Ice Bowl, set for Feb. 21 at Prospect Park, Moline. Proceeds from this year's event again will benefit the River Bend Foodbank, Moline. Last year's QC Ice Bowl gathered about 250 pounds of food and more than \$600.

The Ice Bowl is for all those disc golfers gutsy, crazy, desperate or fun-loving enough to join together in an act of disc golf solidarity. Regardless of the weather conditions, the idea is to have fun, raise funds and food for a local food bank and dispel the gloom of winter. There are mandatory Ice Bowl Rules: No. 1 - Under no circumstances may an Ice Bowl be cancelled or postponed because of weather conditions. No. 2 - No wimps or whiners are allowed. No. 3 - There are no excuses for not attending ... Either be there or be a wimp! For 2007, more than 200 Ice Bowls have been scheduled throughout North America and in parts of Europe.

Registration for the Ice Bowl runs from 10 to 10:30 a.m. at the shelter by the pond and tee off is at 11 a.m. The entry fee is \$15 plus 5 canned goods. Each entrant gets a player's pack containing an Ice Bowl commemorative disc. Players are encouraged to bring more canned goods, as the person who donates the most canned good items will take home an Innova DISCatcher portable basket. All players are welcome regardless of ability and the field will be split into three categories: Recreational, Intermediate and Pro. Trophies will be awarded to the top three finishers in each division. For more information, visit [www.qcdiscgolfclub.com](http://www.qcdiscgolfclub.com).

All proceeds and canned good goods collected will go to River Bend Foodbank, Moline. River Bend Foodbank distributes to more than 300 charitable community organizations that support the hungry. The Foodbank's service area includes the Quad Cities and 22 counties in Eastern Iowa and Western Illinois. For more about the River Bend Foodbank, please visit [www.riverbendfoodbank.org](http://www.riverbendfoodbank.org).