

Save the Date for CASI's 31st St. Patrick's Day Race!

Written by Sarah Arp

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Registration is now open for the Center for active Seniors, Inc. (CASI) 31st Annual St. Patrick's Day Race to be held on March 16, 2013 in downtown Davenport. The 2013 St. Patrick's Day Races marks the 3rd year that Russell Construction Company will be the Presenting Sponsor of the CASI event.

Register at CasiSeniors.org or at CASI (1035 West Kimberly Road, Davenport). This year's race includes the Iowa American Water ¼ Mile Tot Trot, Sears Manufacturing 1 Mile Family Fun Run/Walk and the Russell Construction 5K Road Race. Additionally, this year we're introducing two new "Live Uncommon" events: the Live Uncommon 1500 5-Person Relay and the Live Uncommon QC Cross Fit on the Plaza. Register for these events online only at CasiSeniors.org.

CASI relies upon volunteer support to assist with race activities - If you're not a runner but still want to be involved in this fun community event, sign up to volunteer! Call CASI at 563-386-7477, ext. 0 and sign up! We have a great variety of volunteer positions available!

For more information, please call: Sarah Arp at CASI at: 563.386.7477, 229 (office) or 563.343.0038 (cell) or email at: sarp@casiseniors.org

CASI, 1035 West Kimberly Road, Davenport, Iowa. CASI is open Monday-Friday, 8am to 5pm.

www.CasiSeniors.org

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