

## Run with Carl Practice Runs Canceled

Written by Jamie Lange

Friday, 02 September 2011 09:32

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We just received note from Pleasant Valley Schools that today's Run with Carl "I Can Run a Mile" practice runs have been canceled due to heat. They will not be rescheduled.

Race day forecast looks great! Families are encouraged to sign up at packet pick-up Friday and Saturday, Noon to 4:00 p.m. at the Bettendorf Life Fitness Center on Middle Road.

Run with Carl will be held Monday, Labor Day, September 5th at 7:30 a.m. To register, visit [www.runwithcarl.com](http://www.runwithcarl.com)