Written by Narveen Aryaputri
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Gardening and food are common threads uniting all humankind. This Thursdays topic will motivate us so we grow seeds of positive change and take the health of our selves, our family, and our communities back into our own hands.

Taura will present the problem of the ridiculousness of this countries food system (unhealthy, costly, gmo, bad for the environment, ineffective) , and provide the remedy : Home gardens. Urban gardens. Local. permaculture. organic. natural. It is time to a 'back to basics' approach.

Taura strongly supports the idea that all the worlds ills can be cured in a garden. In previous war times in this country it was patriotic for every family to grow their own victory garden. Now it is almost illegal

Open discussion on the foods that can be grown locally as well as the details of planting will follow.

The evening will start with the Tibetan Singing Bowl and a short meditation to experience the power of sound vibrations.

“We don't need a law against McDonald's or a law against slaughterhouse abuse--we ask for too much salvation by legislation. All we need to do is empower individuals with the right philosophy and the right information to opt out en masse.”
 Joel Salatin

About the presenter:
Taura is trained in Reiki and is an aspiring alternative health practitioner. Her passion for gardening has grown over the past two years as she has seen the positive changes a garden can provide for people and community.

Independent Scholars Evenings.

7.00 p.m. Thursday.
1530 Fifth Avenue. Moline. Illinois 309-762-9202
Doors open at 6.30 p.m.
Free and open to the public.
Dress code: business casual.

Elevators are located through the 16th Street entrance.

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